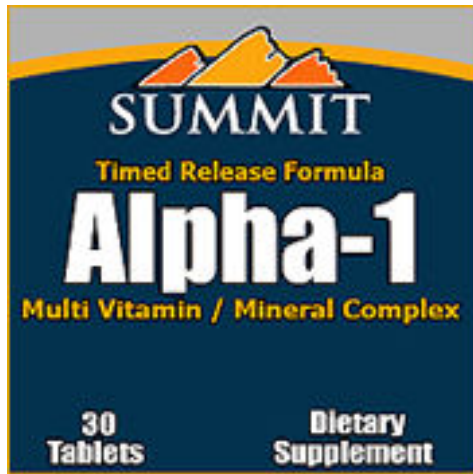




www.summitvitamin.com



### One-A-Day Multiple Vitamin / Mineral Complex

Summit's Alpha-1 provides a precision blend of vitamins, minerals and trace elements in optimum proportions. Alpha-1 encompasses the most important nutrients that have a synergistic effect on overall health and vitality. Alpha-1 is a time-release formula, meaning it has been created by a process that allows the nutrients to be released into the body over an eight to ten hour period.

Available in 30, 60, 90 and 180 count bottles.

**Suggested Use:** As a dietary supplement, take one (1) tablet daily with food.

### Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 30	Amount Per Serving	%Daily Value†
Vitamin A (as beta carotene)	25000 IU	500%
Vitamin C (with Rose Hips)	250 mg	417%
Vitamin D (fish liver oil)	1000 IU	250%
Vitamin E (d-alpha tocopherol acetate)	150 IU	500%
Vitamin B-1 (as thiamine mononitrate)	100 mg	6667%
Vitamin B-2 (as riboflavin)	100 mg	5882%
Niacin (as niacinamide)	100 mg	500%
Vitamin B-6 (as pyridoxine hydrochloride)	100 mg	5000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	100 mg	1000%
Calcium (as amino acid chelate)	50 mg	5%
Iron (as amino acid chelate)	18 mg	100%
Iodine (from kelp)	150 mcg	100%
Magnesium (as amino acid chelate)	25 mg	6%
Zinc (as amino acid chelate)	15 mg	100%
Selenium (as amino acid chelate)	2 mcg	3%
Copper (as amino acid chelate)	500 mcg	25%
Manganese (sulfate)	250 mcg	300%
Potassium (as amino acid chelate / chloride)	10 mg	1%
Choline (bitartrate)	100 mg	*
Inositol	100 mg	*
Para-Aminobenzoic acid	100 mg	*
Bioflavonoid Complex (citrus)	50 mg	*
Betaine HCL	30 mg	*
Rutin	50 mg	*
Trace Mineral Complex (alfalfa)	1 mg	*

†Percent Daily Values based on a 2,000 calorie diet.

\*Daily Value not established.

**CAUTION:** Do not exceed recommended dose. Betaine hydrochloride should not be used by individuals with a history of peptic ulcers or any condition associated with excess acidity. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition including heartburn should consult a physician before using this or any dietary supplement.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.